

Academy Transition Program

Quality of Life

1. Art
2. Basic Communication
3. Basic Mobility
4. Bathing
5. Community Knowledge
6. Dressing
7. Grooming
8. Health, Safety/First Aid
9. Leisure
10. Music
11. Routine/Expectations
12. Self-Management
13. Social Awareness/Manners
14. Social Skills
15. Toileting
16. Yoga
17. Mental and Physical Wellbeing

Academy Transition Program

Life Skills

1. Basic Communication
2. Cleaning/Repairs
3. Clothing/Laundry
4. Communication Knowledge
5. Community Travel/ Transportation
6. Dishes
7. Food/ Meal Planning
8. Health/Safety/First Aid
9. Interpersonal Skills
10. Kitchen
11. Cooking
12. Leisure
13. Living with Others
14. Meals @ Home
15. Money
16. Nighttime routine
17. Organizational Skills
18. Personal Management

19. Phone
20. Problem-Solving
21. Self-Care
22. Self-Management
23. Time

Academy Transition Program

Vocation

1. Basic Skills
2. Community Knowledge
3. Community Travel/Transportation
4. Computer Skills
5. Coworker relations
6. Custodial
7. Eat in Public
8. Fixed Activity Skills
9. Interpersonal Skills
10. Interview
11. Job Search
12. Landscaping
13. Laundry
14. Living with Others
15. Money
16. Office Skills
17. Organizational Skills
18. Personal Management
19. Phone
20. Problem Solving
21. Restaurant Kitchen
22. Restaurant Skills
23. Retail
24. Safety workplace
25. Self-Care
26. Shopping
27. Social Awareness/Manners
28. Support Personnel
29. Time

Upon request you may receive a more detailed outline of the above programs.