

Sabrina Deutsch, Music Therapist (MT-BC, NMT)

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Role:

As a music therapist at LIFE, I provide group music therapy to our Academy and DTA clients, as well as 1:1 music therapy to community clients that come into our center for services. I also create, organize, and implement music for special events or programs such as graduations, holiday concerts, and other miscellaneous music needs on campus.

Education:

- B.A. of Music in Music Therapy, East Carolina University Greenville, 2012

Special Certifications:

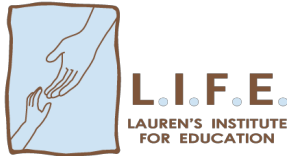
- Sprouting Melodies Provider, 2019 (<https://raisingharmony.com/>)
- Neurologic Music Therapy, 2016 (<https://nmtacademy.co/>)
- Music Therapy Board Certification 01/2014 (<https://www.cbmt.org/>)

Specific Treatment Strategies, Equipment, or Expertise Utilized:

- Proficient in multiple instruments, including clarinet, saxophone, guitar, piano, drums, and ukulele
- We use a variety of instruments in music therapy sessions to address goals, including: Boomwhackers, desk bells, piano, drums, miscellaneous percussion instruments (maracas, güiro, claves, vibraslap, etc.), guitar, kazoos, harmonicas, and more!
- We utilize other activities by adding a musical twist, such as: books, games, art, and sports (bowling and ball play for example)

Career History:

I began at LIFE in February of 2014. Prior to LIFE I completed an internship in New Jersey at an inpatient long-term care facility for individuals with medically complex developmental disabilities, followed by working at the facility for 5 months. I also have experience working with teens dealing with substance abuse, inpatient adult behavioral health, and middle-school autism classrooms. Additionally, I created and implemented a summer music therapy program at a speech therapy camp for children in 2010.



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Personal:

Growing up my father served in the Air Force, which enabled us to travel and live all around the US and abroad (TX, MD, Germany, AZ, SC, NC, NJ, and VA). I still love to travel, and my dream is to one day visit Australia! In my spare time I love to go to concerts, symphonies, and the movies, as well as hang by the pool, visit family, and spend time with friends. My favorite TV show is Impractical Jokers, and I have 2 cats, Dexter and Izzy.