



Lauren Kothe, Speech-Language Pathologist (M.S., CCC-SLP)

lauren.kothe@laurensaz.org

Education:

- M.A. in Communication Disorders, Arizona State University, May 2018
- B.S. in Interdisciplinary Studies- Speech Language Sciences and Technology, Northern Arizona State University, May 2015
- A.A., Mesa Community College, May 2013

Special Certifications:

- University Student Access Modified Barium Swallow Impairment Profile (MBSImP) training, 2018

Specific Treatment Strategies, Equipment, or Expertise Utilized:

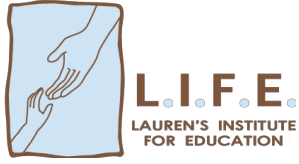
I target feeding goals through games, crafts, messy play, simple recipes, and other therapy activities to promote interaction with new or non-preferred foods. These activities allow children to progress through the hierarchy of interaction with new foods (e.g. smelling food, tolerating food on hand, tasting food) in a positive and comfortable way. Positive reinforcement is used in order to build a comfortable environment for interacting with new foods.

I target speech goals through structured therapy activities, picture scenes, social scenarios, role-playing, and spontaneous conversation.

Career History:

I began working at L.I.F.E. in June of 2019. Before attending graduate school, I worked as a Speech-Language Pathology Assistant for Higley Unified School District. During graduate school I interned in home health, outpatient, clinic, and school settings.

Continued next page...



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Personal Treatment Philosophy:

I believe it is important to create a fun therapy environment that is welcoming and follows the lead of the child. Together we will develop receptive and expressive language and practice oral motor exercises.

Personal:

I currently live with my 8-month-old puppy, Mila. My mother is a Professional Development Specialist for Mesa Public Schools, my father is a retired Phoenix police officer, and my younger brother is currently studying criminal justice at Arizona State University. I enjoy spending time with family, watching movies, and taking vacations to new places.