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Nicole Zins, Physical Therapist Assistant (PTA)

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Education:

- Occupational Associate in Physical Therapist Assistant, Pima Medical Institute, September 2010

Specific Treatment Strategies, Equipment, or Expertise Utilized:

- Partial weight bearing gait training with Lite Gait device
- Exergaming Devices (Wii, Xbox Kinect)
- Yoga positioning and movements
- Sport skills
- Bike riding training

Career History:

After graduating from school, I began working in an outpatient orthopedic setting for a year prior to transitioning to a pediatric setting. I began working at L.I.F.E. in 2011. I worked full time until my husband and I moved out of the country for a few years. After returning back to Arizona, I was excited to begin working at L.I.F.E. again in April 2018.

Personal Treatment Philosophy:

I began school to become a Physical Therapist Assistant with the desire of working with children with a variety of special needs. I believe that each child is created with a purpose and I enjoy being able to play a role in helping that child grow and develop to their full capacity. I seek to communicate with the families as I work on and address a variety of their physical therapy goals. I believe in collaboration between therapy disciplines to help a child progress towards their goals.

Personal:

I was born in Arizona and married my husband, Mike, in 2010. We lived in Thailand for 4 years before moving back to Arizona in 2017. I have a 3-year-old daughter and a 1-year-old son that keep me busy and active on the days I am not working at L.I.F.E.