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*Alexandrea "Alex" Harris, Physical Therapist Assistant (PTA)*

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**alexandrea.harris@laurensaz.org**

**Education:**

- AAS-PTA, Butler County Community College, 05/14

**Specific Treatment Strategies, Equipment, or Expertise Utilized:**

- Aquatic Therapy
- Lite Gait System
- Bike Riding
- Sport Skills (to including throwing/catching, kicking a ball, running/jumping, basketball and soccer skills)
- Exergaming System (x-box Kinect, Wii)
- Functional strength and balance including stair and curb navigation
- Yoga treatment Interventions
- Kinesiotaping for the Pediatric Population

**Career History:**

I began working at L.I.F.E. in June of 2018. Previously, I have worked in several other pediatric facilities, including an outpatient clinic in the greater Phoenix area and a center for children with autism in central Indiana. I also have previous experience in a clinic specializing in injuries of the spine, Skilled Nursing Facilities (SNF), as well as with amputee clients in the VA hospital system of Western Pennsylvania. I have had the opportunity to work with clients with balance deficits, as well as clients with autism extensively in my previous employments. I also have attended continuing education courses for Infant positioning and handling, Torticollis Treatment Interventions, Kinesiotaping, orthotic management and assessment, and seating/mobility.

**Personal:**

I grew up in the Midwest, and lived in several different places in Indiana, as well as Pennsylvania. I truly love the Pittsburgh Penguins and Pirates, and will always be a Peyton Manning fan! I knew from the start of my schooling that I wanted to work with children, and I have loved seeing my clients make progress throughout my years in the field! I am involved in several different ways with children besides work, including trips overseas as well as regular volunteering at my church. I enjoy traveling to new places, hiking, reading, and spending time with friends and family.