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Eneida Oswalt, Physical Therapist

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Education:

- Doctorate in Physical Therapy at A.T. Still University, Mesa, AZ 2019
- B.S. in Kinesiology, *Magna Cum Laude*, Arizona State University Tempe, AZ 2015

Specific Treatment Strategies, Equipment, or Expertise Utilized:

- Aquatic therapy
- NDT handling techniques, Bal-a-vis X and Neuro-IFRAH from previous clinical experiences
- Lite-Gait
- Exer-gaming
- Bike riding
- Sports skills (catching, throwing, kicking etc.)

Career History:

I began working as a PRN physical therapist July 2019 at the Neuro-Rehabilitation Unit at Barrow's Neurological Institution in St. Joe's. On Saturday's, I work with patients after experiencing a traumatic brain injury, spinal cord injury, post stroke, bilateral lung transplant and help them maximize their functional independence with their mobility. My true passion has always been pediatrics, and I began working at LIFE in December, 2019. I really enjoy making therapy fun and play based to help kids of all ability levels maximize their potential.

Personal:

My name is pronounced "Uh-Nay-Duh", neigh like a horse. My family is from Albania, and I am the first person from both sides of my family to be born in the States (New York). I love to travel and have been to Iceland, Albania, Greece, England, and France. I enjoy physical activity such as running, hiking, and lifting weights. I volunteer at my church regularly, spend time with family, and go on day trips on the weekends with my husband when we both have the free time.